

Tyson D Bailey, PsyD

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Education

- **American School of Professional Psychology at Argosy University-Seattle (AUS)**. Seattle, WA. Clinical Psychology. **Psy.D.** May 2005
Clinical Research Project: The Experience of Martial Arts After Interpersonal Trauma: A Qualitative Study. -Aug 2011
- **AUS**, Seattle, WA. Clinical Psychology. **M.A.** April 2009
- **University of Washington (UW)**. Seattle, WA. Psychology. **B.S.** June 2004

Licenses/Certifications

- Licensed Mental Health Counselor (LH60225628) - Inactive 2011
- Washington State Psychologist License (PY60252354) 2012
- Parenting Evaluation Training Program (PETP) 2013
- Assessing and Managing Suicide Risk (AMSR) Certified Trainer 2014

Affiliations/Memberships

- American Psychological Association 2005
- Affiliated with APA divisions: 56 (trauma) & 41 (psychology-law) 2008
- Washington State Psychological Association 2007

Special Focuses of Practice

- Forensic Psychology
- Neuropsychological, Mental Health, and Custody Evaluations
- Risk of Violence Assessment
- Multicultural Practice
- Assessment and Treatment of Posttraumatic Reactions
- Eye Movement Desensitization and Reprocessing (EMDR)
- Dialectical Behavior Therapy (DBT)

Leadership Roles

- **Washington State Psychological Association** Sept 2009
Graduate Student Representative to the Executive Board -Dec 2011
Responsibilities include attending monthly meetings, and becoming involved at multiple levels of the WSPA to ensure the board appropriately addresses student concerns. Created a letter that is sent to all new student members to highlight the benefits of being part of the organization. In addition, created basic guidelines for the position in order to ensure continuity of responsibilities.
- **APA Division 56: Division of Trauma Psychology** April 2010
Member of the Task Force on Assessment of Trauma Sequelae -Present
Worked closely with Judith Armstrong, Ph.D., Bethany Brand, Ph.D., John Briere,

Ph.D., Eve Carlson, Ph.D., Constance Dalenberg, Ph.D., Stephen Finn, Ph.D., and Nicole Cole, PsyD. Responsibilities included creation of guidelines for the effective and ethical assessment of individuals who have experienced trauma. Provided feedback on the overall structure of the guidelines, as well as authored a portion of the impacts of trauma on cognitive functioning.

- **Washington State Psychological Association** Feb 2012
Early Career Psychologist (ECP) Co-Chair to the Executive Board -Dec 2013
 Responsibilities include providing relevant information about the concerns of ECPs in Washington State to the executive board. Additional responsibilities include providing feedback for conventions, organizing social events, and writing articles for the Washington Psychologist.
- **APA Division 56: Division of Trauma Psychology** Jan 2014
Early Career Psychologist (ECP) Representative to the Executive Committee -Present
 Responsibilities include attending executive committee meetings twice a year to discuss the concerns of ECPs within the division. Additional responsibilities include developing content for the annual convention, organizing a webinar series, and writing/editing articles for the Division Newsletter.
- **Washington State Psychological Association** March 2014
Executive Director (ED) Hiring Committee -June 2014
 Member of a committee tasked with interviewing and selecting an applicant to be the ED for the Washington State Psychological Association. Responsibilities included working with committee members to establish qualification profile, reading application materials, conducting interviews, and making a final recommendation to the board.

Clinical Supervision Experience

- **Fremont Community Therapy Project, Seattle, WA** June 2011
Dialectical Behavior Therapy Supervisor -June 2014
 Responsible for running a weekly supervision group for clinical psychology graduate students, which focuses on fostering the following skills in both client and facilitators: assessing level of risk, validation, mindfulness, effective interpersonal skills, emotion regulation, and reinforcement.
- **Fremont Community Therapy Project, Seattle, WA** Feb 2012
Psychological Assessment Consultant and Supervisor -Present
 Assisting graduate students in all aspects of psychological assessment, including test selection, interpretation, report writing, and providing collaborative feedback to clients.
- **Bastyr Center for Natural Health** March 2013
Clinical Supervisor -Sept 2013
 Responsibilities included supervising doctoral naturopath students in therapeutic interventions. Watched student perform 50-minute therapy session on closed circuit monitors and provided feedback midway through the session on possible therapeutic interventions.

Teaching Experience

- **Teaching Assistant.** UW, Seattle, WA. Sept 2003
For Geoff Loftus, PhD in "Introduction to Probability and Statistics in Psychological Research." -June 2004

- Two-quarter statistics series. Responsible for leading a small weekly classroom section focused on answering homework and test questions. Also conducted a study session/office hours to address any additional concerns.
- **Guest Lecturer.** AUS, Seattle, WA. May 2007
For Dana Waters, PsyD, ABPP in "Cognitive and Affective Processes."
 Developed and lead a discussion-based curriculum for a three-hour class period. Topic and handouts centered on the theory, principles, and clinical application of Emotion Focused Therapy.
 - **Teaching Assistant.** AUS, Seattle, WA. Jan 2008
-April 2008
For Enid Griffin, PsyD in "Objective Assessment."
 Fifteen-week class focused on learning the basics of the Minnesota Multiphasic Personality Inventory (MMPI-II), Personality Assessment Inventory (PAI), and the Trauma Symptom Inventory (TSI). Responsible for maintaining office hours as well as reviewing student reports and providing relevant feedback on APA style, interpretation, and basic report writing.
 - **Guest Lecturer.** AUS, Seattle, WA. March 2008
For Enid Griffin, PsyD, in "Objective Assessment."
 Gave one three-hour lecture on the administration and psychometric properties of the PAI. In addition, basic interpretation of the validity scales, clinical scales, subscales, and the supplemental scales was discussed.
 - **Guest Lecturer.** AUS, Seattle, WA. June 2008
For Enid Griffin, PsyD, in "Assessment in Counseling."
 Gave a two-hour lecture on basic principles of integrating cognitive, objective, and projective assessment measures. Materials included a case presentation as well as discussion of interpretive considerations, basic report formatting, and treatment recommendations.
 - **Comprehensive System Training.** Ryther Child Center, Seattle, WA. Oct 2011
For Rochelle Coffee, PsyD
 Provided basic training in administration and scoring of the Rorschach Comprehensive System for trainees. Course included two days of lecture, as well as consultation provided after the completion of the two-day training.
 - **DBT Skills Intensive.** Ryther Child Center, Seattle, WA. Oct 2012
 Two-day intensive workshop on the principles of Dialectical Behavior Therapy, as well as an overview of the four areas of skills taught within the program. Class focused on modifying the skills and handouts to meet the needs of child and adolescent clients.
 - **Structured Trauma Assessment.** University of Washington Educational Outreach, Seattle, WA. Oct 2012
Psychological Trauma: Effective Treatment and Practice
 Full day lecture that focused on the ethical assessment and identification of posttraumatic distress states of varying complexity. Topics included definitions of trauma, posttraumatic reactions, cultural competence, interviewing skills, and assessment tolls available to clinicians.
 - **Assessment: Integration.** Antioch University, Seattle, WA. July 2012
-Sept 2012
 Ten-week graduate level course on the principles of integrating cognitive and personality assessment data. Class focused on the Therapeutic Assessment framework of Stephen Finn, as well as strategies for effectively communicating verbal and written results.
 - **Dialectical Behavior Therapy (DBT) for Trauma Stabilization.** University of Washington Educational Outreach, Seattle, WA. April 2013

Four hour lecture designed to introduce clinicians to the skills of DBT, and how they pertain to stabilization in trauma treatment.

- **Assessment and Treatment of Complex Posttraumatic Stress Conditions in Children and Adolescents.** Ryther Child Center, Seattle, WA. August 2013
Two-day seminar designed to introduce mental health professionals with varying degrees of training to the complex posttraumatic reactions. Topics included assessment, current diagnostic formulations, and a basic outline of effective treatment.

Editorial Positions

- **APA Division 56: Division of Trauma Psychology** Aug 2011
Early Career Psychologist Publications Chair -Jan 2014
Responsible for organizing ECP column for the Division 56 newsletter, which is published three times per year. Each publication includes finding an author to write the article, identifying potential interviewees, helping the author manage deadlines, editing the final product, and running meetings to ensure the quality and breadth of information covered in the newsletter.
- **APA Division 56: Division of Trauma Psychology** Jan 2012
Website Editor -Present
Responsible for updating, editing, and managing web content for the Division's primary website. Focused on ensuring the mission of the division is upheld in all web-based content.
- **APA Division 56: Division of Trauma Psychology** March 2014
Associate Editor - Trauma Psychology Newsletter -Present
Responsibilities include planning for special issues, organizing and editing content, providing authors feedback on submissions, and supporting lead editor.

Related Experience

- **Certified Martial Arts Instructor** May 1999
American Karate-Esgrima Association (AKEA), Auburn, WA -Present
Began training in October of 1997, entering the instructor program in November of 1998. Went through a vigorous six-month training program focused on the development of necessary teaching skills such as goal setting and motivation. Continued development of application-based teaching skills and school management issues during weekly meetings. Responsible for weekly individual and group lessons designed to develop the character, mind, body, and spirit of students from age 5 to 65.

Clinical Experience

- **Ruth Dykeman Children's Center.** Burien, WA March 2004
Inpatient Residential Treatment Counselor. -June 2005
Primarily focused on children and adolescents with a history of abuse/trauma. Helped maintain a structured therapeutic environment while focusing on basic elements of active listening and intervention skills. Engaged in social, academic, and behavioral skills training with individual clients. Served as the primary therapeutic and social support contact for a 12-year-old male client with a history of trauma.

- **Doctoral Practicum**
 William Heusler, PsyD, Lynnwood, WA.
 Supervisor: William Heusler, PsyD
 Responsibilities included the administration of intake interviews, assessment batteries, and psychotherapy for adolescents, families, and adults. Additional experiences include co-facilitating DBT skills groups and consultation with fellow practicum students. Total practicum hours completed: 1082.

Sept 2008
-Aug 2009
- **Doctoral Pre-Internship**
 Fremont Community Therapy Project, Seattle, WA
 Supervisors: Dan Rosen, PhD, Laura Brown, PhD, ABPP, & Theresa Epstein, MSW, LICSW
 Low-fee therapy clinic built on principles of feminist theory and culturally competent practice. Responsibilities include conducting intake interviews, psychological assessment and the provision of individual psychotherapy for clients of diverse backgrounds and situations. In addition, served as a co-facilitator for DBT skills groups. Site focuses extensively on trauma survivors and serves adolescents, adults, and couples. Total hours completed: 950.

Sept 2009
-June 2010
- **Doctoral Internship**
 Fremont Community Therapy Project, Seattle, WA
 Supervisors: Dan Rosen, PhD, Laura Brown, PhD, ABPP, & Stacey Prince, PhD
 Low-fee therapy clinic built on principles of feminist theory and culturally competent practice. Responsibilities include providing therapy and assessment services for a diverse range of client concerns, including mental health, parenting, learning disabilities, and neuropsychological evaluations. Additional duties include coordination of the DBT skills program, including performing intake interviews, assisting with client related issues, and managing the wait list. Have provided several trainings on ethical and effective use of assessment tools and report writing. Total hours completed: 2300

July 2010
-June 2011
- **Doctoral Internship**
 Ryther Child Center, Seattle, WA
 Supervisor: Rochelle Coffey, PsyD
 Inpatient residential center, primarily working with children who have a history of significant and sustained trauma exposure. Provide therapy and assessment services for children who live on campus, as well as others in the Therapeutic Foster Care program. Additional responsibilities include formulating a training program for incoming staff, and providing didactic trainings on relevant assessment issues. Total hours completed: 200

April 2010
-June 2011
- **Postdoctoral Fellowship**
 Fremont Community Therapy Project, Seattle, WA
 Consultant: Laura S Brown, PhD ABPP
 Position focuses on providing treatment for complex reactions to traumatic events. Additional guidance is provided for psychological evaluations, with a particular focus in forensic practice and providing supervision services. Other responsibilities include providing supervision for the ten trainees who facilitate Dialectical Behavior Therapy skills groups at the clinic, as well as providing consultation for trainees.

Oct 2011
- Oct 2014
- **Private Practice**
 Partner - Spectrum Behavioral Health
 Practice focuses primarily on the assessment and treatment of posttraumatic symptoms, with a particular focus on physical, sexual, and emotional abuse throughout the lifespan. In addition, the following psychological assessment

June 2011
-Present

services are offered: forensic consultation, expert witness, threat of violence in the workplace/schools, treatment recommendations, general mental health, brain injury, and learning disabilities.

Research Experience

- **Research Assistant.** UW, Seattle, WA.
Adolescent Patterns of Self-Harm Project
Principle Investigators: Sheila Crowell, and Ted Beauchaine, PhD
 Study focused on the physiological and psychological effects of self-harm in adolescent boys and girls. Responsible for data entry, running participants, and training new recruits in study procedures. Continued work on the project after graduation on a volunteer basis.

Sept 2002
-June 05
- **Database Management Team Leader.** AUS, Seattle, WA.
Argosy University, Seattle Collaborative Database Project
Principle Investigators: Douglas Whiteside, PhD, ABPP and Dana Waters, PsyD, ABPP
 Focused on building an archival database of psychotherapy and assessment records for use in student dissertations, neuropsychology classes, and school-based research projects. This project currently includes data from Western Washington Medical Group in Everett, WA, Virginia Mason hospital in Seattle, WA as well as Washington State University (WSU) in Pullman, WA. Responsible for creation of databases, data entry, training of new recruits, and coordination of information between the different research sites. Work is completed on a volunteer basis.

Jan 2009
-Aug 2010
- **Qualitative Study Secondary Coder.** AUS, Seattle, WA.
Study Title: The meaning of Chinese Medicine to its practitioners and their view of their client's needs in relation to emotional distress.
Principle Investigator: Cindy Chen, MA
 Study focused on the phenomenological analysis of acupuncture/ Chinese medicine practitioner's treatment of mental health disorders. Responsible for reading transcripts as well as coding data to create clusters and themes for analysis.

July 2009
-Aug 2009
- **Qualitative Study Secondary Coder.** AUS, Seattle, WA.
Study Title: The experience of community college transfer students' transition and adjustment to a public university: A phenomenological approach.
Principle Investigator: Jane Hayward, MA
 Study focused on the phenomenological analysis of individuals who attended a community college before transferring to a four-year university. Responsible for reading transcripts and establishing themes within participant's narratives for data analysis.

July 2010
-August 2010
- **Research Assistant.** Trauma Institute, Greenfield, MA.
Comparison of Progressive Counting and EMDR
Principle Investigator: Ricky Greenwald, PhD
 Study focuses on comparing Progressive Counting and EMDR as treatments for effectively resolving the negative effects of trauma. Responsible for conducting intake interviews, determining eligibility, and performing follow-up phone calls upon completion of treatment.

May 2010
-Present

Professional Publications and Presentations

Armstrong, J., Brand, B., Briere, J., Carlson, E., Courtois, C., Dalenberg, C., Finn, S., Bailey, T.D.,

- Winters, N. (in press). *Division 56 guidelines for psychologists regarding the assessment of trauma in adults*. Psychological Trauma: Theory, Research, and Practice.
- Greenwald, R., McClintock, S. D., & Bailey, T. D. (2013). *A controlled comparison of progressive counting and eye movement desensitization & reprocessing*. Journal of Aggression, Maltreatment, & Trauma.
- Bailey, T. D. (2011). Therapeutic applications of the martial arts. *Washington Psychologist*, 67 (3), 7.
- Bailey, T., Brown, M., Whiteside, D.M., & Waters, D.A. (2010, October). *Attention and executive functioning in post-traumatic stress disorder clients*. Poster submitted for the Annual Convention of the National Academy of Neuropsychology, Vancouver BC.
- Brown, M., Lowry, N., Whiteside, D.M., & Bailey, T. (2010, October). *Immediate and delayed verbal recall in post-traumatic stress disorder clients*. Poster submitted for the Annual Convention of the National Academy of Neuropsychology, Vancouver BC.
- Bailey, T.D., Whiteside, D., Foresman, A., & Mueller, K. (2010, June). *The effects of posttraumatic stress disorder on executive functioning in a mixed clinical sample*. Poster presented at the Annual Convention of the American Academy of Clinical Neuropsychology, Chicago IL.